

Healthy Wealthy and Wise
Event Schedule
****Schedule Is Subject To Change****

- 10:45am **“Benefits To Using a Staffing Agency to Find Employment”**
Brian Faucette & Craig Gorham
Creative Management Staffing Services
- 11:10am **"Career Relevance - A Necessity in the 21st Century"**
Sheila Forte-Trammell & Diana Bing
Total HR Services, LLC
- 12:00pm **"The Need, the Myths & Realities of Organ Donation" in the African American Community**
Community Health Coalition, Inc.
- 12:30pm **"Make Owning Real Estate Your Reality"**
Jennifer Harris, CDPE, ABR, SFR, CSSS
Short Sales and REO Manager Buyer and Investor Specialist
Re/Max One Realty
- 1:10pm **“Do the SMART Thing”**
Travis Mitchell
The Smart Academy
- 1:50pm **“GPS – (Getting Problems Solved) Navigating the Road to a Healthy Relationship”**
Dion Chavis (Showtime – K97.5) & Kara Endsley
Family Resource Center of Raleigh (Project Pulse)
- 2:40pm **“Retirement 101 – Start Where You Are NOW!”**
Reggie Joe, CLU®, ChFC®
Northwestern Mutual
Financial Advisor
- 3:20pm **“Zumba with Kandace – Thirty Minute Workout”**
Kandace Spruill
Zumba® Fitness Instructor
- 3:50pm Closing Remarks